

HSIN-JEN CHEN, MS PhD

CONTACT INFO

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PROFESSIONAL EXPERIENCES

2018-present Associate Professor
Institute of Public Health, National Yang-Ming University, Taiwan

2019-present Deputy Director
International Health Program, National Yang-Ming University, Taiwan

2018-2021 Section Director
Health and Medical Care Section, Office of Student Affairs, National Yang-Ming University, Taiwan

2014-2018 Assistant Professor
Institute of Public Health, National Yang-Ming University, Taiwan

2013 Postdoctoral research fellow
Department of International Health
Johns Hopkins Bloomberg School of Public Health, Baltimore, MD

2011-2012 Predoctoral research assistant/Project coordinator
Johns Hopkins Global Center on Childhood Obesity
Program for Human Nutrition, Department of International Health
Baltimore, MD

2010-2011 Program Analyst (6/2010 - 8/2010), Student Volunteer (9/2010 - 5/2011)
Agency for Healthcare Research and Quality (AHRQ),
US Department of Health and Human Services, Rockville, MD

2008-2011 Predoctoral research assistant
Program for Human Nutrition, Department of International Health
Johns Hopkins School of Public Health, Baltimore, MD

2002-2007 Research assistant/Project manager
Institute of Biomedical Sciences, Academia Sinica, Taipei, Taiwan

EDUCATION AND TRAINING

2012 PhD, Human Nutrition
Department of International Health, Program for Human Nutrition
Johns Hopkins Bloomberg School of Public Health, MD

2002 MS, Epidemiology
National Taiwan University, Taiwan

2000 BS, Medical Technology
National Yang-Ming University, Taiwan

REASERCH GRANTS**MOST Projects 科技部計畫**

- 2019/8-2022/7 Investigating the influence of nutrition in earlier life stages on mental health in emerging and young adulthood. PI: Hsin-Jen Chen (兒童/青少年期營養對成年萌發期與年輕成年期心理健康之影響 MOST 108-2314-B-010 -032 -MY3)
- 2018/8-2020/7 Chrononutrition of using l-tryptophan supplementation to alleviate the impacts of night shift rotation on circadian hormones and health outcomes. PI: Hsin-Jen Chen (利用色胺酸補充劑減低輪班工作對生理時鐘與健康之衝擊：時間營養學之應用 MOST 107-2314-B-010-046)
- 2017/8-2018/10 Temporal patterns of diet and the changes in body composition and blood pressure: Continuation and follow-up of a randomized controlled intervention. PI: Hsin-Jen Chen (飲食時序型態與體組成和血壓變化之相關性探討：隨機對照介入之接續追蹤計畫 MOST 106-2314-B-010 -010 -)
- 2016/8-2017/10 Temporal patterns of diet and the changes in body composition and blood pressure. PI: Hsin-Jen Chen (飲食時序型態與體組成和血壓變化之相關性探討 MOST 105-2314-B-010 -012)
- 2015/12/-2018/7 Systems-oriented school healthy weight promotion: A pilot controlled intervention study in remote areas school based on NASA Mission X campaign. PI: Hsing-Yu Yang (系統導向式學校健康體位促進計畫：採用美國太空總署 Mission X 的偏遠小學介入性研究 MOST 104-2314-B-715 -006 -MY3)(co-PI)
- 2015/8-2016/7 Temporal patterns of diets (TOPD): innovative appraisal method development and potential health impact. PI: Hsin-Jen Chen (飲食時序型態的創新評估法：問卷設計評估與時序型態的健康影響 MOST 104-2320-B-010-042)

MOWH Projects 衛福部計畫

- 2017/1/1-2020/12/31 國民營養健康狀況變遷調查(106-109 年) (MOHW106-HPA-H-114-114704)(co-I)
- 2017/3/1-2017/12/31 氣候變遷與心血管疾病之預防保健及血壓監測宣導評估計畫 (MOHW106-HPA-M-124-000103)(co-I)
- 2016/1/1-2016/12/31 國民營養健康狀況變遷調查 (103-105 年) -105 年後續擴充 (MOHW105-HPA-H-114-144709)(co-I)

PUBLICATIONS**Journal Articles**

1. Yusuf RA, Mont DF, Lin WH, **Chen HJ***. Adolescents' Physical Activity and the Association With Perceived Social Support of Parents and Peers in Indonesia. *Asia Pacific J Public Health* 2021 33(4):388-395
2. Ciptanurani C, **Chen HJ***. Household Structure and Concurrent Stunting and Overweight among Young Children in Indonesia. *Public Health Nutr.* 2021. 24(9):2629-2639
3. **Chen HJ***. What is case-control study? *Clinical Infectious Disease.* 2021. 72(3):538
4. Hsu YT, **Chen HJ***, Yufika A, Zufry H. Dietary Knowledge, Preferences and Behaviors in Ramadan among Muslim Patients with Type 2 Diabetes. *Diab Res Clin Pract.* 2020 Dec;170:108474.

5. **Chen HJ***, Chuang SY, Chang HY, Pan WH. Energy intake at different times of the day: Its association with elevated total and LDL cholesterol levels. *Nutr Metab Cardiovasc Dis*. 2019 Apr;29(4):390-397.
6. Lin YC, **Chen HJ**, Wang Y, Min J, Wu HC, Carvajal NA, Yang HY. NASA Mission X program for healthy eating and active living among Taiwanese elementary school students. *J Pediatr Nurs*. 2019 Nov-Dec;49:e8-e14.
7. Shen TY, **Chen HJ**, Pan WH, Yu T. Secular trends and associated factors of age at natural menopause in Taiwanese women. *Menopause*. 2019 May;26(5):499-505.
8. Yu T, Enkh-Amgalan N, Zorigt G, Hsu YJ, **Chen HJ**, Yang HY. Gender differences and burden of chronic conditions: impact on quality of life among the elderly in Taiwan. *Aging Clin Exp Res*. 2019 Nov;31(11):1625-1633.
9. Chu CH, **Chen HJ***, Chang YK. Age, period and birth cohort effects on the prevalence of overweight and obesity among Taiwanese adolescents: a national population-based study. *J Public Health (Oxf)*. 2019 Mar 1;41(1):90-99.
10. **Chen HJ**, Xue H, Liu S, Huang TTK, Wang YC, Wang Y. Obesity trend in the United States and economic intervention options to change it: A simulation study linking ecological epidemiology and system dynamics modeling. *Public Health*. 2018 Aug;161:20-28.
11. Yang HY, **Chen HJ**, Hsu YJ, Cheskin LJ, Wang Y. Impact of weight-related advice from healthcare professionals on body mass index of patients in the USA. *Public Health*. 2018 Jun;159:50-57.
12. Ferrandiz-Mont D, Wahyuniati N, **Chen HJ**, Mulyadi M, Zanaria TM, Ji DD. Hygiene practices: Are they protective factors for eczema symptoms? *Immun Inflamm Dis*. 2018 Jun;6(2):297-306.
13. Chau JA, Pan WH, **Chen HJ**. Employment status and temporal patterns of energy intake: Nutrition and Health Survey in Taiwan. *Public Health Nutr* 2017;20(18):3295-3303
14. Wu HC, Tseng SF, Wang WJ, **Chen HJ**, Lee LC. Association between obesity with low muscle mass and dialysis mortality. *Intern Med J*. 2017;47(11):1282-1291.
15. **Chen HJ**, Weng SH, Cheng YY, Lord AYZ, Lin HH, Pan WH. The application of traffic-light food labelling in a worksite canteen intervention in Taiwan. *Public Health* 2017; 150:17-25.
16. **Chen HJ**, Xue H, Kumanyika S, Wang Y. School Beverage Environment and Children's Energy Expenditure Associated with Physical Education Class: An Agent-based Model Simulation. *Pediatric Obe* 2017; 12(3):203-212
17. **Chen HJ**, Wang Y, Cheskin LJ. Frequency of eating occasions and cardiovascular mortality: an NHANES III mortality study, 1998-1992 to 2006. *Ann Epidemiol* 2016 Aug;26(8):527-33
18. Juwara A, Huang N, Chien LY, **Chen HJ**. Stunting and weight statuses of adolescents differ between public and private schools in urban Gambia. *Int J Public Health* 2016;61(6):717-26
19. Lee JJ, Ho C, **Chen HJ**, Huang N, Yeh JC, deFerranti S. Is the 90th Percentile Adequate? The Optimal Waist Circumference Cutoff Points for Predicting Cardiovascular Risks in 124,643 15-Year-Old Taiwanese Adolescents. *PLoS One*. 2016;11(7):e0158818.
20. Hsu YW, Liou TH, Liou YM, **Chen HJ**, Chien LY. Measurements and profiles of body weight misperceptions among Taiwanese teenagers: a national survey. *Asia Pac J Clin Nutr*. 2016; 25: 108-17

21. Yang HY, **Chen HJ**, Marsteller JA, Liang L, Shi L, Wang Y. Patient-health care professional gender or race/ethnicity concordance and its association with weight-related advice in the United States. *Patient Educ Couns*. 2016; 99:271-8.
22. **Chen HJ**, Wang Y. Changes in the neighborhood food store environment and children's body mass index at peri-puberty in the United States. *J Adolesc Health*. 2016; 58:111-8.
23. **Chen HJ**, Wang Y. Influence of weight status and television watching on children's dietary behavioral changes: A National Longitudinal Study in the United States. *Int J Obes (Lond)*. 2015; 39:931-8.
24. Liu SH, **Chen HJ**, Hsieh TH, Chen JC, Huang YC. Excessive adiposity, metabolic health, and risks for genital human papillomavirus infection in adult women: a population-based cross-sectional study. *BMC Obes*. 2015 Oct 1;2:39.
25. **Chen HJ**, Liu Y, Wang Y. Spousal resemblance and influences on obesity status and habitual physical activity in the United States. *J Obes*. 2014;2014:703215
26. **Chen HJ**, Wang Y. The changing food outlet distributions and local contextual factors in the United States. *BMC Public Health* 2014; 14:42.
27. **Chen HJ**, Xue H, Caballero B, Wang Y. Improvements of children's physical activity and family routines for childhood overweight/obesity. *Health Behav Policy Rev* 2014; 1(4): 314-323
28. Wang Y, Xue H, **Chen HJ**, Igusa T. Examining social norm impacts on obesity and eating behaviors among US school children based on agent-based model. *BMC Public Health*. 2014;14:923.
29. Zhang Q, Lamichhane R, **Chen HJ**, Xue H, Wang Y. Does child-parent resemblance in body weight status vary by sociodemographic factors in the USA? *J Epidemiol Community Health*. 2014; 68:1034-1042.
30. **Chen HJ**, Wang Y. Influence of school beverage environment on the association of beverage consumption with physical education participation among US adolescents. *Am J Public Health*. 2013; 103(11):e63-70.
31. Poddar KH, Ames M, **Chen HJ**, Feeney MJ, Wang Y, Cheskin LJ. Positive effect of mushrooms substituted for meat on body weight, body composition, and health parameters - A one-year randomized clinical trial. *Appetite* 2013; 71C:379-387.
32. Liu Y, **Chen HJ**, Liang L, Wang Y. Parent-child resemblance in weight status and related correlates in the United States. *PLoS One*. 2013;8(6):e65361. (Co-first author)
33. Kirby JB, Liang L, **Chen HJ**, Wang Y. Race, place, and obesity: the complex relationships among community racial/ethnic composition, individual race/ethnicity, and obesity in the United States. *Am J Public Health*. 2012; 102(8):1572-8.
34. Pan WH, Yeh WT, **Chen HJ**, Chuang SY, Chang HY, Chen L, Wahlqvist ML. The U-shaped relationship between BMI and all-cause mortality contrasts with a progressive increase in medical expenditure: a prospective cohort study. *Asia Pac J Clin Nutr*. 2012; 21(4):577-87.
35. Chuang SY, Bai CH, Chen JR, Yeh WT, **Chen HJ**, Chiu HC, Shiu RS, Pan WH. Common carotid end-diastolic velocity and intima-media thickness jointly predict ischemic stroke in Taiwan. *Stroke*. 2011; 42(5):1338-44.
36. Wang Y, **Chen HJ**, Shaikh S, Mathur P. Is obesity becoming a public health problem in India? Examine the shift from under- to overnutrition problems over time. *Obesity Rev*. 2009; 10:456-74.

37. Chen JH, Chuang SY, **Chen HJ**, Yeh WT, Pan WH. Serum uric acid level as an independent risk factor for all-cause, cardiovascular, and ischemic stroke mortality: a Chinese cohort study. *Arthritis Rheum*. 2009; 61:225-32.
38. Weng LC, Yeh WT, Bai CH, **Chen HJ**, Chuang SY, Chang HY, Lin BF, Chen KJ, Pan WH. Is ischemic stroke risk related to folate status or other nutrients correlated with folate intake? *Stroke*. 2008; 39:3152-8.
39. Su TC, Bai CH, Chang HY, You SL, Chien KL, Chen MF, **Chen HJ**, Pan WH, Tseng CH, Cheng SH, Hurng BS, Hwang LC, Chen CJ. Evidence for improved control of hypertension in Taiwan: 1993-2002. *J Hypertens*. 2008; 26: 600-6
40. **Chen HJ**, Pan WH. A probable blind spot in the definition of metabolic syndrome proposed by the International Diabetes Federation: non-obese people with high cardiovascular risk. *Obesity*. 2007; 15:1096-100
41. **Chen HJ**, Bai CH, Yeh WT, HC Chiu, Pan WH. Influence of metabolic syndrome and general obesity on the risk of ischemic stroke. *Stroke*. 2006; 37:1060-1064
42. Yeh WT, Chang HY, Yeh CJ, Tsai KS, **Chen HJ**, Pan WH. Do centrally obese Chinese with normal BMI have increased risk of metabolic disorders? *Int J Obes* 2005; 29:818-25.

Book Chapter

1. Wang Y, **Chen HJ**. Use of percentiles and Z-scores in anthropometry. In Preedy VR (Ed.), *Handbook of anthropometry: Physical measures of human form in health and disease*. London: Springer-Verlag. 2012.

CONFERENCE ABSTRACTS

International conferences

- | | |
|------|--|
| 2020 | Chen HJ. Meal Habits, Body Fat Composition and Mood Status in Young Adults. Nutrition 2020. Online due to COVID-19. |
| 2020 | Ciptanurani C, Chen HJ. Association Between Household Structure and Concurrent Stunting and Overweight Among Young Children in Indonesia: Evidence from A National Health Survey. Nutrition 2020. Online due to COVID-19. |
| 2020 | Chu J, Chen HJ. Timing of Energy Intake and Elevated Blood Pressures. Nutrition 2020. Online due to COVID-19. |
| 2019 | <u>Chen HJ</u> , Tsai YC, Liao CY. Body composition and blood pressure change by reminding young adults to eat breakfast and to avoid night snack. 30th Conference of the International Society for Chronobiology . Warsaw, Poland. |
| 2019 | Yusuf RA, Mont DF, <u>Chen HJ</u> . Trends of adolescent's physical activity, sedentary behavior and active transportation and their association with perceived social support of parent and peer in Indonesia: The Global School-based Health Survey 2007 and 2015. ISBNPA 2019 Annual Meeting . Prague, Czech Republic. |
| 2018 | <u>Chen HJ</u> , Strong C, Yang HY. Different sources of healthy eating norms and their association with children's changes in healthy eating. Society for Epidemiology Research 2018 . Baltimore, MD. |

- 2018 Hsu YT, Chen HJ. Dietary knowledge, attitude and practice regarding Ramadan safe fasting among Muslim T2DM patients. **Nutrition 2018 Meeting**. Boston, MA.
- 2017 Chen HJ, Pan WH. Time-of-day Macronutrient Intake and Blood Pressure Levels: The Nutrition and Health Survey in Taiwan. **Experimental Biology 2017**. Chicago, IL.
- 2017 Yang HY, Lin YC, Wu HC, Chen HJ. The Association between Children's Weight Status Awareness and Nutritional, Physical Activity Knowledge, Attitude and Behavior in Rural Taiwan. **Experimental Biology 2017**. Chicago, IL.
- 2016 Juwara A, Chen HJ. Dietary patterns close socioeconomic disparity in adolescents' height and adiposity level in urban Gambia. **Experimental Biology 2016**. San Diego, CA.
- 2015 Juwara A, Chen HJ, Huang N. Disparities of under- and overnutrition among Middle School Students in Urban Gambia. **Obesity Week 2015**. Los Angeles, CA.
- 2015 Chen HJ, Pan WH. Body Roundness Status: a Predictor for Metabolic Health in Children: Nutrition and Health Survey in Taiwan. **Obesity Week 2015**. Los Angeles, CA.
- 2014 Chen HJ, Wang Y. Relationship between Changes of Food Store Environment and Children's Linear Growths around Pubertal Age: The US Early Childhood Longitudinal Study. (Oral presentation) **International Congress on Obesity 2014**. Kuala Lumpur, Malaysia.
- 2014 Chen HJ, Wang Y. Gender differences in impact of food stores in neighborhoods on children's obesity status change: U.S. early childhood longitudinal study. (Oral presentation) **Experimental Biology 2014**. San Diego, CA.
- 2014 Chen HJ, Pan WH. Metabolic Syndrome Components' Tendency to Cluster in Pre-Pubertal Children Disappeared with Adjustment for Growth Parameters. **Obesity Week 2014**. Boston, MA.
- 2013 Chen HJ, H Xue, Wang Y. Interdependency between physical education and food environment in school on students' energy balance: an agent-based model. **Experimental Biology 2013**. Boston, MA.
- 2012 Chen HJ, Kirby JB, Liang L, Wang Y. Associations between child's and parental obesity status and neighborhood food store environment. **The Obesity Society 30th Annual Scientific Meeting**. San Antonio, TX.
- 2011 Chen HJ, Wang Y. Racial-socioeconomic disparities in dynamics of local food outlets and fitness facilities in the U.S. (Oral presentation) **Experimental Biology 2011**. Washington DC.
- 2011 Yang HY, Chen HJ, Wang Y. Do health professionals provide overweight and obese Americans with advice regarding weight control, and what factor affect the practice? (Oral presentation) **Experimental Biology 2011**. Washington DC.
- 2011 Wang Y, Xue H, Chen HJ, Igusa T. Systems analysis of the complex obesity etiology and trends. (Oral presentation) **Experimental Biology 2011**. Washington DC.
- 2009 Wang Y, Chen HJ, Shaikh S, Mathur P. Examine the Over Time Shifts of Under- to Overnutrition Problems In India. **Experimental Biology 2009**. New Orleans, LA
- 2009 Wang Y, Chen HJ, Nettleton JA, Jiang R, Beydoun MA, Jacobs Jr. DR, Michos ED, Alonso A, Burke G, Post W. Ethnic differences in dairy consumption and its association with metabolic syndrome (MetSyn) among US adults: Multi-Ethnic Study

of Atherosclerosis (MESA). **The Obesity Society 27th Annual Scientific Meeting.** Washington DC.

- 2005 Chen HJ, Pan WH. The Age of onset patterns of the metabolic syndrome component disorders coincide with that of overweight in men and aging phenomenon in women: implication on etiology of metabolic syndrome. **Asian-Oceania Conference on Obesity**, Taipei, Taiwan
- 2005 Chen HJ, Bai CH, Yeh WT, Pan WH. General obesity contributes to risk of ischemic stroke in addition to metabolic syndrome. (Oral presentation) **International Conference of Preventive Cardiology**, Iguazu, Brazil

Domestic conferences

- 2019 瞿榕，陳信任，潘文涵。進食時序型態與代謝症候群之相關(Oral presentation)。台灣公共衛生年會。台北。
- 2018 陳信任，瞿榕，廖家儀。家長對兒少體位認知與兒少營養攝取之關係(Oral presentation)。台灣公共衛生年會。台中。
- 2016 陳信任，張新儀，莊紹源，潘文涵。熱量攝取時間與血脂代謝指標之相關性研究(Oral presentation)。台灣公共衛生年會。台北。
- 2015 陳信任，潘文涵。家長對兒童/青少年的健康體位意識(Oral presentation)。台灣公共衛生年會。台北。
- 2015 翁詩涵，陳信任，潘文涵。某研究中心「食物紅黃綠標」介入計畫之過程評估。台灣公共衛生年會。台北。
- 2015 顧皓婷，潘文涵，陳信任。台灣民眾早餐飲食型態之地區差異。台灣公共衛生年會。台北。
- 2015 周仲安，陳信任，潘文涵。就業狀態與進食時序型態相關之探討。台灣公共衛生年會。台北。
- 2014 陳信任，潘文涵。進食時間和熱量攝取的時間分布之就業狀態差異(Oral presentation)。台灣公共衛生年會。台南。

INVITED TALKS & LECTURES

English

- 2019/10/10 Double Burden of Children's Malnutrition in Asia. The 3rd Syiah Kuala International Conference on Medicine and Health Sciences (SKIC-MHS) in conjunction with the 2nd National Public Health Forum and the 1st Family Medicine Forum 2019. Banda Aceh, Indonesia.
- 2019/9/21 Could Six Meals a Day Keep Heart Disease Away? 12th Congress of the Asian-Pacific Society of Atherosclerosis and Vascular Diseases. Chang Yung-Fa Foundation International Convention Center. Taipei, Taiwan.
- 2019/6/6 Traditional Dietary Patterns in Chinese Populations. In Side meeting: *Positive Nutrition: Traditional Diets as A Role Model for A Healthy Life*. Palais de Nations, Geneva, Switzerland
- 2017/2/28 Introduction to public health nutrition (Lecture). International Master of Public Health Program, Tsinghua University, Beijing, China

- 2017/2/27 Principles of human nutrition (Lecture). International Master of Public Health Program, Tsinghua University, Beijing, China
- 2016/8/28 What do we know about nutrition? Why epidemiology is important? Faculty of Public Health, Muhammadiyah University, Banda Aceh, Aceh, Indonesia
- 2016/8/28 What do we know about nutrition? Why epidemiology is important? Experience Workshop on Public Health, School of Medicine, Syiah Kuala University, Banda Aceh, Aceh, Indonesia
- 2016/3/1 Introduction to public health nutrition (Lecture). International Master of Public Health Program, Tsinghua University, Beijing, China
- 2016/2/23 Principles of human nutrition (Lecture). International Master of Public Health Program, Tsinghua University, Beijing, China
- 2015/8/26 Overweight/obesity and non-communicable diseases. Universitas Syiah Kuala, Banda Aceh, Indonesia

Chinese/Mandarin

- 2020/7/16,20 氣候變遷衝擊健康與飲食，校園如何調適? 109 年度學校護理人員專業知能研習班。台北市。
- 2019/11/13 飲食型態與健康: 「吃什麼」與「什麼時候吃」；銘傳醫管所。新北市。
- 2019/10/22 環境與兒童肥胖。生命期營養；台大食科所。台北。
- 2017/11/3 環境與兒童肥胖。生命期營養；台大食科所。台北。
- 2017/7/8 台灣兒童飲食狀況研析。中華民國兒童健康聯盟心理及行為福祉研討會。台北。
- 2017/5/20 國人飲食時序型態。第 43 屆台灣營養學會年會。台中。
- 2017/1/5 飲食時序型態及健康之關聯。台北市立聯合醫院陽明院區。台北。
- 2016/10/18 國人飲食時序型態之探索及健康之關聯。國家衛生研究院群體健康科學研究所。苗栗。
- 2016/9/7 Dietary patterns. 國民健康署監測組，台北。
- 2015/12/12 Education systems. Guidelines of Creating Lifestyle and Culture for Healthy Body Build. National Health Research Institutes Forum, Taipei 「建構全民健康體位生活與文化」指導原則發佈會議：教育體系。國家衛生研究院論壇。
- 2015/10/18 健康體位生活與文化建構：學術部門之角色、責任、力量與機會。台灣公共衛生年會。台北。
- 2014/9/22 Introduction to epidemiology, Taipei City Hospital, Taipei
- 2014/9/5 Relationship between frequency of eating and cardiovascular disease mortality (Mandarin), Health Service Research 2014, Taipei
- 2014/3/8 Introduction to epidemiology, Taipei City Hospital, Taipei

GRADUATED ADVISEES

- 2020 蘇微茜。
- 2020 林佳怡。
- 2020 Ceria Ciptanurani (習芮雅)。

- 2019 Rezky Aulia Yusuf (袁瑞珍)。Trends of Adolescents' Physical Activity and the Association with Perceived Social Support of Parent and Peer among Adolescents in Indonesia: The Indonesia Global School-Based Survey 2007 and 2015
- 2019 瞿榕。台灣成年人飲食時序型態與代謝症候群之相關性探討
The association between temporal dietary patterns and metabolic syndrome among Taiwanese adults
- 2019 廖家儀。主要照顧者對孩童體位的認知與孩童飲食之間的關聯 2013-2016 年台灣國民營養調查
Caregiver's Perception on Child's Weight Status and Its Association with Child's Diet in the 2013-2016 Nutrition and Health Survey in Taiwan (NAHSIT)
- 2019 陳佳甫。探討血清中脂質氧化代謝物的濃度與缺血性心臟病風險之間的關係－巢式病例對照研究法
Identification of Serum Oxylipins Associated with Development of Coronary Artery Disease – A Nested Case-Control Study
- 2019 林宜芬。居家醫療病人飲食營養行為之初探
Nutrition and Dietary Nutrition Behavior of Home Medical Patients: A Preliminary Study
- 2018 許益活。印尼亞齊第二型糖尿病患者其齋戒月安全禁食議題上之飲食知識、態度及行為探討
Dietary Knowledge, Attitudes and Practices (KAP) Toward Ramadan Safe Fasting among Type 2 Diabetes Mellitus Patients in Banda Aceh, Indonesia: a Cross-Sectional Study
- 2018 蔡采軒。年輕成人的早餐和消夜習慣與體組成之關係
The Associations of Breakfast and Evening Snack Habits with Body Composition in Young Adults
- 2017 林俞均。偏遠地區小學健康體位促進計畫：採用美國太空總署 Mission X 之介入性研究
Healthy weight promotion in rural districts elementary schools : An intervention study of NASA Mission X program
- 2017 蔡昀錡。宵夜進食對隔日早餐進食影響之探討
Night Time Snack and Breakfast on the Following Day
- 2015 Alimatou Juwara(卓艾忻)。Comparative Nutritional Assessment of Adolescents in Public and Private Schools in Urban Gambia
- 2015 周仲安。就業狀態與進食時序型態相關之探討
Employment Status and Time-of-Day Distribution of Eating Patterns in Taiwan
- 2015 顧皓婷。台灣民眾早餐飲食型態之地區差異
Breakfast in Taiwan: Dietary Pattern and Regional Distribution
- 2015 翁詩涵。某研究中心員工餐廳「食物紅黃綠標」介入計畫之過程評估
Process Evaluation of Traffic-Light Food Label Intervention in Restaurant of a Research Institute

EDITORIAL ACTIVITIES

Peer Review: American Journal of Clinical Nutrition • American Journal of Public Health • American Journal of Preventive Medicine • Annals of the New York Academy of Sciences • BMC Health Services Research • BMC Public Health • British Journal of Nutrition • Circulation • Diabetes Care • International Journal of Obesity • Journal of Epidemiology and Community Health • Preventing Chronic Diseases • Journal of Public Health • Stroke

PROFESSIONAL ASSOCIATIONS

American Society for Nutrition (ASN) • International Epidemiological Association (IEA)

AWARDS/SCHOLARSHIPS

2011	Lazzara Family Foundation Scholarship Johns Hopkins Bloomberg School of Public Health
2010	Teaching Assistant Recognition Award Johns Hopkins Bloomberg School of Public Health (Course name: Advanced Nutritional Epidemiology)
2008-2009	Scholarship for Abroad Study Ministry of Education, Taiwan
2007	Adele Diaz Scholarship Fund Award Johns Hopkins Bloomberg School of Public Health

服務

2020- 社團法人公共衛生促進協會理事
 2018-2020 陽明大學學務處衛生保健組組長
 2017-2018 台灣營養教育期刊編輯
 2016-2018 陽明大學醫學院院務會議代表
 2016-2019 陽明大學國際衛生學程會議委員代表
 2015-2017 陽明大學公衛所教務會議委員
 2015-2017 陽明大學國際衛生學程課程委員代表
 2015 陽明大學 103 年度學術論文研討會評審
 2014-2015 陽明附醫第六、七屆國際醫療研討會海報競賽評審
 2014 陽明大學附設醫院 103 年度研究成果發表會評審
 2014 陽明大學 102 年度學術論文研討會評審